Foundations in Infant and Early Childhood Mental Health Practice Certificate Lecture Series

When there are identified risks and disorders in young children or in family functioning, well planned and evidence-informed intervention can promote optimal outcomes. The science is clear – early experiences in the first three years impact the architecture of the brain – this impact can be life-long and profoundly positive or negative depending on the quality and consistency of the experiences.

The inclusion of infant mental health promotion, prevention, and treatment as a key focus of practice within community based health and/or social service organizations will lead to enhanced integration of interventions that can be provided to children who may be at risk of experiencing poor mental health.

This 15 part training program aims to raise awareness and understanding of the unique needs of infants and toddlers in order to promote healthy social emotional development in the early years and reduce the likelihood of poor mental and physical health outcomes in the later years. This series will lay a foundational framework for competencies for promoting early mental health and wellness that are required for all practitioners working with infants and families.

Offered by WEBCAST for distance learning!

View each session live in person, by webcast, or at your pace by webcast recording.

Visit www.IMHPromotion.ca for more details and to register.
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<th>Date</th>
<th>Speaker</th>
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<tr>
<td>Jan 9</td>
<td>Chaya Kulkarni</td>
<td>Course Introduction to Infant Mental Health</td>
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<td>Jan 23</td>
<td>Nora Spinks                                      Chief Executive Officer, Vanier Institute of the Family</td>
<td>Understanding Canadian Families: A Changing Landscape</td>
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<td>Feb 6</td>
<td>Dr. Amelia Bachleda Outreach and Education Specialist, Institute for Learning &amp; Brain Sciences, University of Washington</td>
<td>Building Brains: Exploring the Science of Early Brain Development</td>
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<td>Mar 5</td>
<td>Dr. Sheri Madigan Canada Research Chair in Determinants of Child Development, University of Calgary</td>
<td>Parenting and Parent-Child Attachment</td>
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<td>Mar 30</td>
<td>Dr. Charles Zeanah Professor of Psychiatry and Pediatrics, and Vice Chair for Child and Adolescent Psychiatry in the Department of Psychiatry and Behavioral Sciences at Tulane University School of Medicine</td>
<td>The Biological Underpinnings of Infant and Early Mental Health</td>
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<td>Apr 16</td>
<td>Dr. Gilles Julien Fondation du Dr Gilles Julien, Founder</td>
<td>The Foundations to Format Child Mental Health for Life</td>
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<td>May 14</td>
<td>Dr. Ruth Lanius Harris-Woodman Chair in Psyche and Soma, Department of Psychiatry London Health Sciences Centre</td>
<td>The Impact of Adverse Childhood Experiences</td>
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<td>May 28</td>
<td>Dr. Michael Trout Director, The Infant-Parent Institute</td>
<td>Trauma Informed Practice</td>
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<td>Jun 11</td>
<td>Dr. Barbara Stroud</td>
<td>Promoting Development and Empowering Families via Systems Development</td>
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<td>Dr. Barbara Stroud, UC Davis Extension</td>
<td>Faculty, Academy of ZERO TO THREE Fellows, California Association for Infant Mental Health Inaugural President</td>
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<tr>
<td>Jun 25</td>
<td>Dr. Normand Carey</td>
<td>Therapeutic Approaches</td>
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<td>Dr. Normand Carey, Associate Professor, Department of Psychiatry, Dalhousie University Faculty of Medicine</td>
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<td>Jul 9</td>
<td>Dr. Mary Dozier</td>
<td>Intervening to Enhance Outcomes: The Attachment and Biobehavioral Catch-up Approach</td>
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<td>Professor Unidel Amy Elizabeth du Pont</td>
<td>Chair in Child Development, University of Delaware</td>
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<td>Jul 23</td>
<td>Matthew Melmed</td>
<td>Being a Voice for Infant and Early Mental Health</td>
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<td>Executive Director, ZERO TO THREE</td>
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<td>Aug 6</td>
<td>Panel: Dr. Jennifer Zwicker</td>
<td>Policy Implications of Understanding Early Intervention</td>
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<td>Director of Health Policy, School of Public Policy and Assistant Professor, Faculty of Kinesiology, University of Calgary</td>
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**What participants have told us...**

“This training was very intensive... full of useful knowledge that can be implemented in various degrees.”

“The mental health of infants is new to most in the field of early learning and care and the general populace. However, through the determination and dedication of so many, such as yourselves, it is happening. This was an awesome series.”

Visit www.IMHPromotion.ca for more details and to register.
Foundations in Infant and Early Childhood Mental Health Practice
Certificate Lecture Series

Each participating organization purchases a license which would allow all staff within an agency to access the training which will include:

- 15 training sessions, 2 hours per session (approx. 30 hours total)
- Each Archived Webcast recording will be available to access the training at your own pace, in team meetings or individually for 2 years (or until September 1, 2022).
- Access to session notes, slides, and applicable handouts.
- Local agencies are encouraged to attend in person.

**Please print clearly**

Primary Contact ________________________________________________
Title __________________________________________________________
Agency __________________________________________________________
Address _________________________________________________________
Postal Code _______________
Phone (______) _______________    Fax (______) ________________
E-mail ________________________________________________________

All Confirmations/ Receipts will be sent by email.

**REGISTRATION OPTIONS and FEES** (choose the best option):

- **Individual Registration (non-transferable)**
  - IMHP Member $ 270   Non-Member $ 350

- **License for Agencies** that provide direct services to families (Unlimited participation for all agency staff)
  - IMHP Member $ 1,750   Non-Member $ 2,500

- **License for Small Membership driven Organizations** (2 – 50 users)
  (i.e. Incorporated organizations comprised of multiple agencies and or members, to be offered to members at no charge as a part of membership benefits)
  - IMHP Member $ 3,500  Non-Member $ 5,000

- **Unlimited License for Large Membership-based Organizations** (50 + end users)
  (i.e. Incorporated organizations comprised of multiple agencies and or members, to be offered to members at no charge as a part of membership benefits)
  - IMHP Member $ 5,000  Non-Member $ 6,500

**Total Payment Enclosed:** $__________
**Payment to follow:** $__________
**Method:**  _____ Cheque  _____ Money Order  
             _____ Visa    _____ Mastercard

*all fees are in Canadian Dollars. Any applicable taxes are included.

**Membership may be active or renewed at the time of registration in order to obtain the discounted rates.
Annual Membership fees are $75 individual or $250 agency

***Please make cheques payable to:  
The Hospital for Sick Children/ IMHP
You may also fax completed form and call IMHP with your credit card information. All payments are processed as The Hospital for Sick Children

**NOTE:** Each participant under the host agency license will be required to register individually (at no cost) and identify the host agency. Certificates of completion will be issued to participants who complete all required session follow up surveys to track participant progress. Certificates will not be issued for individual sessions

**Register ONLINE or send form and payment to:**

Infant Mental Health Promotion (IMHP)
The Hospital for Sick Children
555 University Ave.
Toronto, ON
M5G 1X8

(416) 813-7654  X 207205
FAX (416) 813-2258
imp.mail@sickkids.ca
www.IMHPromotion.ca

**VALUE ADDED BONUS!!!**
Participants registering for the 2020-21 training will have additional access to the Archived 2018-19 Training until September 1 2020
AT NO EXTRA COST!